Hello Residents of Glenbrooke!

My name is Gina Bell, and I am excited to be the Executive Director of your beautiful community. I look forward to meeting each of you and building a lasting relationship.

I have lived in Brevard County for over 30 years and have enjoyed watching the close-knit communities grow. I have been employed in the senior living industry since 1999 when I was hired to be the office manager of a newly-built assisted living community. From the day I started working at that job, I knew it was my passion to work with the senior population. Specifically, I enjoy making a difference in the lives of others, and my style of leadership is to work to benefit those we serve. I pledge to be an active member of this community and look forward to continuing to make Glenbrooke at Palm Bay a great place to live!

My door is always open, and you can expect to be met with open arms. It’s a privilege to be a part of your community!

Sincerely,

Gina Bell

Team Member of the Month

Michelle Gile needs no introduction to most of us here at Glenbrooke. She can be seen leading Aqua Aerobics, Singalongs, assisting in the Fitness Center, as well as a multitude of other activity events/programs. Not to mention she is the part-time bus driver as well. Michelle is much loved by residents and staff. Her Department Manager described her this way: “Michelle is an asset to the Activities Department. She is beautiful on the outside and inside. She is kind and caring. She is also genuine. Our Department, as well as all of Glenbrooke, is better for having her here!” That pretty well sums it up. Congratulations, Michelle, for a much-deserved acknowledgement.
SUNDAY MONDAY TUESDAY

11 a.m.-1 p.m.
First Bus to Malabar Road Walmart
9 a.m.-1 p.m.
Shopping at Publix, Winn-Dixie
9 a.m.-2 p.m.
Wednesday-Run Board
9 a.m.
Bank Run (Sign-Up Required)
9 a.m.
Church Shuttle (Sign-Up Required)

THANKSGIVING DAY
12:00 Special Thanksgiving Dinner, DR
7:00 Movie: “An Old Fashioned Thanksgiving” (NR), TV 732

NIGHT COURT
2:00 Bingo, 3FLDR
3:00 Yarn Club, AR
4:00 Film, Food and Folly, ML
6:30 Dollar Bingo, CR

11:30 Resident Council, Cafe
12:30 Furla’s-a-Poppin’ CR
1:00 Aqua Aerobics, Pool
1:00 Shut the Box, CR
2:00 Rolling Bowling, CR
3:00 Holely Board, CR
6:45 Book Club, CR

10:00 Florida History, CH
12:30 “What’s Cooking?” Peanut Butter Fudge Mini-Social, CR
1:00 Funny Bones Don’t Get Arthritis, CR
2:00 Bingo, 3FLDR
3:00 Yarn Club, AR
3:30 Film, Food and Folly, ML

11:00 Meditation/ Yoga, CH
1:00 Funny Bones Don’t Get Arthritis, CR
2:00 Bingo, 3FLDR
3:00 Yarn Club, AR
3:30 Film, Food and Folly, ML

7:00 “Desperate Crossing” (NR), TV 732
8:00 “Rowdy Roosters Breakfast”
9:00 Fitness Club, FC
10:00 Catholic Communion, 3FLDR
10:45 “Six ’N’ Fit DVD, CH
11:00 Shopping at Publix
12:30 Furla’s-a-Poppin’ CR
1:00 Aqua Aerobics, Pool
1:00 Shut the Box, CR
2:00 Rolling Bowling, CR
3:00 Holely Board, CR
6:45 Book Club, CR

10:00 Bingo, 3FLDR
3:00 Yarn Club, AR
3:30 Film, Food and Folly, ML

9:00 Church Shuttle, ML
10:00 Resident-Run Board and Card Games, CR
2:00 Ice Cream Social, Cafe
7:00 Sunday Movie: “The Thanksgiving Treasure” (PG), TV 732
9:00 Fitness Club, FC
10:45 “Six ’N’ Fit DVD, CH
1:00 Aqua Aerobics, Pool
2:00 Singalong, CR
3:00 Glenbrooke Crafters, AR
3:30 Dollar Bingo, CR

11:00 Women of Courage, CH
12:30 Cider Tasting and Pumpkin Bread Mini-Social, CR
1:00 Spelling Bee, CR
2:00 Bingo, 3FLDR
3:00 Yarn Club, AR
6:45 Night Court, CR

10:00 Fitness Club, FC
10:04 Catholic Communion, 3FLDR
10:45 “Six ’N’ Fit DVD, CH
11:00 Shopping at Publix
12:30 Furla’s-a-Poppin’ CR
1:00 Aqua Aerobics, Pool
1:00 Shut the Box, CR
2:00 Rolling Bowling, CR
3:00 Holely Board, CR
4:00 Recipe Entry Deadline, AR
6:45 Book Club, CR

10:00 Church Shuttle, ML
10:00 Resident-Run Board and Card Games, CR
2:00 Ice Cream Social, Cafe
7:00 Movie: “The House Without a Christmas Tree” (NR)
9:00 Fitness Club, FC
10:45 “Six ’N’ Fit DVD, CH
1:00 Aqua Aerobics, Pool
2:00 Singalong, CR
3:00 Glenbrooke Crafters, AR
3:30 Dollar Bingo, CR

11:00 Florida History, CH
12:30 “What’s Cooking?” Peanut Butter Fudge Mini-Social, CR
1:00 Funny Bones Don’t Get Arthritis, CR
2:00 Bingo, 3FLDR
3:00 Yarn Club, AR
3:30 Film, Food and Folly, ML
Resident of the Month

Terry Stack is Glenbrooke’s Resident of the Month for November. Terry is very active here at Glenbrooke, participating in many of the socials, “shut-the-box,” and many, if not all, of the exercise programs. Terry can also be found at many of our Happy Hours, and with a smile like that, who wouldn’t be happy? Congratulations, Terry, we are so glad to have you in our community!

Thanksgiving Fun Facts

The first Thanksgiving was held in the autumn of 1621, included 50 Pilgrims and 90 Wampanoag Indians and lasted three days. Many historians believe that only five women were present at that first Thanksgiving, as many women settlers didn’t survive that difficult first year in the U.S. Thanksgiving didn’t become a national holiday until over 200 years later! Sarah Josepha Hale, the woman who actually wrote the classic song “Mary Had a Little Lamb,” convinced President Lincoln in 1863 to make Thanksgiving a national holiday after writing letters for 17 years campaigning for it to happen.

No turkey on the menu at the first Thanksgiving: Historians say that no turkey was served at the first Thanksgiving! What was on the menu? Deer or venison, ducks, geese, oysters, lobster, eel and fish. They probably ate pumpkins, but no pumpkin pies. They also didn’t eat mashed potatoes or cranberry relish, but they probably ate cranberries. And no, Turduckens (a turkey stuffed with a duck stuffed with a chicken) were nowhere to be found during that first Thanksgiving.

The Macy’s Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in New York City. No large balloons were at this parade, as it featured only live animals from Central Park Zoo.

Kind Acts

Never get tired of doing little things for others. Sometimes, those little things occupy the biggest part of their hearts. Even if you never know it, each and every kind gesture might be the one small thing that keeps another holding on. Always be kind in words and in deeds.

Patty Briggs sharing her knowledge of buttons

June Rayner wishes everyone a Happy Thanksgiving

Vito Pecora sharing Holiday Cheer