**Employee of the Month**

Congratulations, Angelica Gonzalez, employee of the month for July. Angelica is a very genuine employee who goes the extra mile at all times! She takes the initiative to help and solve problems without any prompting. She truly cares for our residents, and it shows daily. She is always quick to jump in to help when asked or sees the need. Such attributes not only make a good worker but a good person, and that is Angelica.

You are a valuable to the Glenbrooke team, Angelica.

**Icy Treats to Beat the Heat**

Savoring an icy treat is a perfect way to cool off on a hot day. Tempt your taste buds with these frozen favorites:

**Snow cone** — Coarsely crushed ice gives snow cones their crunchy texture, and fruity syrup drizzled on top lends sweetness and eye-popping color. Snow cones became an instant hit when they debuted at the Texas state fair in 1919, and today they are commonly served at fairs, carnivals and ballparks.

**Shaved ice** — Blocks of ice are shaved into fine pieces to create a powdery, fluffy mixture with a consistency similar to snow. A hefty amount of flavored syrup is poured on top and blends throughout the soft ice. Shaved ice is typically served in a cup with a spoon and goes by many names, including Hawaiian shaved ice, shave ice and snowballs.

**Italian ice** — This frozen novelty is made much like ice cream, with the flavoring mixed in as the ice is made rather than poured on top of it. The result is a soft, dense dessert similar to sorbet.

**Sounds of Summer**

When you step outside during the summer, you’re likely to hear the buzzing, chirping and humming of insects. It’s their way of communicating. Get the buzz on some sounds of the season:

**Cicadas** — One of the loudest insects, cicadas are known for their distinctive buzzing during the heat of the day. Males make this mating call by vibrating membranes on their abdomens.

**Crickets** — When darkness falls, crickets begin their symphony of chirps, made by rubbing their wings together. The bugs will vary the pattern and speed of the chirps; for example, the warmer the temperature, the faster they chirp.

**Katydid** — Named after their repetitive calls of “Katy did, she did,” these green, leaf-shaped insects are most active at night.

**Bees** — Their familiar buzzing is the rapid beating of their wings, which creates a disturbance in the air, resulting in the hum.

**Dear Residents, Family and Friends of Glenbrooke**

Happy Independence Day!

Thank you to our veterans who made it possible for us to enjoy the freedoms we have today. I am thankful to live in this great country and work with the greatest generation who live here at Glenbrooke!

Summer is here, so please remember to use sunscreen if you will be outdoors for an extended period of time. Also, be sure to drink lots of water to stay hydrated. We want to keep everyone safe, happy and healthy during these hot months.

God bless our nation and each of you.

-Gina Bell

**Resident Spotlight**

Our spotlight this month is on Ann Marinelli. She has been at Glenbrooke almost two years and has settled in quickly. She moved here to be closer to her daughter. She meets up with her many friends playing cards, attending happy hour, going out to dinner and loves brain challenging games.

Ann met her husband on a blind date and married John soon after in 1955. They lived in Bowie, Md., where they loved visiting the racetrack. They were married almost 60 years and have three children and two grandchildren. Ann doted on her children; she was a room mom in their school classes.

Ann and her husband, John, spent 21 years living in Ocala traveling and bowling. A few of the places they traveled to were Las Vegas, Arizona and Wisconsin. They also went on 16 cruises. Their favorite was spending a month in the Greek Islands where the food was wonderful and the people were friendly.

When you see Ann in your travels, stop and congratulate her.
INDEPENDENT LIVING

JULY 2019

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Activities Subject to Change

Transportation Schedule
Monday, 9-11 a.m.
Shopping at Publix/Winn-Dixie for AL & IL RESIDENTS (Sign-Up Required)
Monday, 11 a.m.-1 p.m.
First Shuttle to Malabar Road Walmart for IL RESIDENTS (Sign-Up Required)
Monday, 12:30-3:30 p.m.
2nd Shuttle to Malabar Rd Walmart for IL RESIDENTS (Sign-Up Required)

Locations
Activity Room, AR
Cafe, Cafe
Campus-Wide, W
Card Room, CR
Clubhouse, Club
Dining Room, DR
Fitness Center, FC
Glenbrooke Information Station, TV 732
Library, Lib
Main Lobby, ML
Swimming Pool, Pool
Third Floor Dining Room, 3FLDR

INDIVIDUAL LIVING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

2nd Shuttle to Malabar Rd Walmart for Shopping at Publix, Winn-Dixie for AL for IL RESIDENTS (Sign-Up Required)
1st Shuttle to Malabar Road Walmart & IL RESIDENTS (Sign-Up Required)

Third Floor Dining Room, 3FLDR

Activities Subject to Change

Appointments in Melbourne for Required 24 Hours in Advance)
Appointments in Palm Bay for Wednesday, 9 a.m.-2 p.m.
Wednesday, 12:30-2:30 p.m.

Locations
Hammock Landings

Appointments in Melbourne for

Hammock Landings

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

7:00 Sunday Night
1:00 Church Shuttle, ML
2:00 Ice Cream, Social, CH
7:00 Sunday Night
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